

Peace At Home January 2024 Newsletter

[Peace At Home Parenting January 2024 Newsletter GlenRidge-compressed.pdf](#)

Hello Glen Ridge Parents,

Happy New Year! We hope your transition into 2024 is filled with tranquility and a lasting sense of calm.

Please find attached our January newsletter featuring this month's calendar of live workshops, a blog about how to navigate your child's concerns about their friend's mental health, and the first parenting tip of the year. You'll see in Ruth's welcome that she is encouraging parents to treat themselves the way Peace At Home encourages parents to treat their children. Our aim is to provide meaningful solutions for busy parents and caregivers.

Wishing you a wonderful month ahead - take care!

Alisha Bhende (She/Her/Hers)

Client Success Manager



PEACE AT HOME www.PeaceAtHomeParenting.com
PARENTING SOLUTIONS